



THE HOW AND WHY OF READING

WHY READ?

- Reading comprehension, as measured by standardized tests like the SAT and the ACT, is an essential college-level skill. Students in college are required to read an enormous amount of material across a formidable range of disciplines, and college students must be able to understand and engage with this material thoughtfully.
- **Students who are ready for college like to read.** If you don't like to read, you are going to find college very difficult.
- **Students who are ready for college have read some good books as well as some *important* books while they were in high school.**
- **Students who are ready for college read for pleasure.** Reading is not something that a student who is ready for college always associates with “work,” “discomfort,” “inconvenience,” or “pain.” Students who are ready for college enjoy reading.
- <https://www.aaup.org/article/open-letter-ninth-graders#.WpSCuKjty71>

- Research has confirmed that “deep” reading and reading for pleasure may be the most important things you can do to prepare for college.
- Reading for pleasure produces important benefits across a variety of academic disciplines (including math) and that “reading is actually linked to increased cognitive progress over time.”
- Reading gives us the following:
 - Exposure to new vocabulary
 - New ideas and conceptual understandings
 - New ways of forging relationships between ourselves and others
 - New ways of forging relationships between ourselves and the world
 - New forms of reasoning

“I recommend that you start to find a way right now to enjoy reading and to make it an important part of your life.”

- <https://www.aaup.org/article/open-letter-high-school-students-about-reading#.WpSDbajty71>

- 
- “One of the best ways to start the college prep process is to read! Not just about the admissions process in general, but works of fiction and nonfiction, publications and blogs.”
 - Develops personal interests
 - Material and Ideas to include in college application or college class essays
 - Enhances Vocabulary
 - Improves Writing
 - Relaxation

https://www.huffingtonpost.com/kat-cohen/the-truth-about-outside-r_b_5997698.html

HOW TO FIND A GOOD BOOK

- [Destiny- RRHS Online Catalog](#)
- [GoodReads.com](#)
- [BookSeer](#)
- [Nobel Prize Winners](#)
- Book stores
- Libraries
- Staff at Book stores and libraries
- Friends

COLLEGE READING LISTS

- [GoodReads 100 Books to read before college](#)
- [College Magazine](#)
- [Barnes and Noble](#)
- [College Board](#)
- [100 Essential Books You Should have read in College](#)

BEST BOOKS FOR YOUNG ADULTS

- [Barnes and Noble](#)
- [Time.com](#)
- [GoodReads](#)
- [Amazon](#)
- [Read Brightly](#)
- [GoodReads non-fiction](#)
- [BookRiot non-fiction](#)